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Last updated:

9th September 2017

Matches

Match-day basics

Teams shall exchange copies of the Team List and Registration Cards fifteen (15) minutes prior to the scheduled kick-off. Failure to comply shall incur a fine of £5.00.

Each manager / Administrator will receive an automated text prior to a match and must reply by texting the score after the match in the format H –A ie 3-3 which will automatically update the website and tables. (if this is incorrectly submitted just resend correctly and it will update)

After a match **each Team must complete their team information via their log in details on the FA Full time** – here you must submit score, **ref score**, team list, goal scorers and any comments and submit by 5.00pm on Sunday (or 5.00pm the day after the match) **if the refs name is not allocated please add it in the comments section.**

Each Team may play up to a maximum of twelve (12) players in Under 9, Under 10, Under 11 and Under 12 football, up to fourteen (14) players in Under 13 and Under 14 football and up to sixteen (16) players in Under 15 and Under 16 football.

N.B. All Under 15 and Under 16 Teams should endeavour to play 11-A-Side football. If a Team has twelve (12) players available at a match they shall play 11-A-Side, U13/U14 should endeavour to play 9 a side, **if a team indicates it is struggling for numbers opposition should play down to match their opponents – with the aim of preventing teams folding. The team who has requested to play down, should have a maximum of one sub. ie if they have 11 players they should play 10 aside, not 9 aside.**

The minimum requirement for a match is five (5) players for a 7-a-side match, seven (7) players for a 9-a-side match and nine (9) players for a 11-a-side match. In Kit-colour clashes; home team to change colours (bibs permitted if acceptable).

If a match is one sided make some changes, discuss with the opposition manager, high score lines should be avoided at all costs as they rarely benefit anyone, options are end 'competitive match' and mix teams to play as a friendly. Remove stronger teams attacking players in to defensive positions.

Respect Barriers shall be used around pitches if you don't have a RESPECT Barrier use **a line of cones** and all grounds shall have access to a toilet.

Samba Goals & Goal Nets shall be used for 7-A-Side football, Junior & Fixed Goals (16ft x 7 or 21 ft x 7) for 9-A-Side & Fixed Goals (21ft x 8ft) for 11-A-Side complete with Goal Nets.

Formats for BGFL

League Matches

Under 8 section	5'aside 4x10 minutes quarters size 3 ball (mini soccer goals – 20 x 30 yds) Use half way retreat rule
Under 9 section	7'aside 25 minutes each way size 3 ball (mini-soccer goals – 50 x 30 yds)
Under 10 section	7'aside 25 minutes each way size 4 ball (mini-soccer goals – 50 x 30 yds)
Under 11/12 section	7'aside 30 minutes each way size 4 ball (mini soccer goals – 60 x 40 yds)
Under 13/ section	8'aside 30 minutes each way size 4 ball (junior or multi goals 55 x 85yds)
Under 13/14 section	9'aside 35 minutes each way size 4 ball (junior or multi goals 55 x 85yds)
Under 15/16 section	9'aside 35 minutes each way size 5 ball (full size pitch & goals) or
Under 15/16 section	9'aside 40 minutes each way size 5 ball (junior pitch size & goals)
Under 15/16 section	11'aside 40 minutes each way size 5 ball (full size pitch & goals)

League cups

Under 10's - 5 minutes each way extra time, if still level three (3) penalty kicks.

Under 12's - 5 minutes each way extra time, if still level three (3) penalty kicks.

Under 13's - 7 minutes each way extra time, if still level four (4) penalty kicks.

Under 14's - 7 minutes each way extra time, if still level four (4) penalty kicks.

Under 15's - 10 minutes each way extra time, if still level five (5) penalty kicks.

(if 9-A-Side then as Under 14's)

Under 16's - 10 minutes each way extra time, if still level five (5) penalty kicks.

(if 9-A-Side then as Under 14's)

Referees

Referee	Assistant Referee
£10.00 for Under 9/10	
£15.00 for Under 11/12	£5.00 for Under 12
£20.00 for Under 13/14	£5.00 for Under 13/14
£25.00 for Under 15/16	£5.00 for Under 15/16

Coaches

All coaches within the Bucks Girls Football League should have an FA Coaching qualification, with a valid Emergency aid, Safeguarding Children and CRC disclosure these 3 areas need to be renewed every three years. Courses can be found on your county FA website (usually under the 'book online' option) We would also encourage all coaches to join the FA coaches association. It is free of charge provides you with support and benefits.

Details can be found via <http://facc.thefa.com>

Benefits are, Official FA Coaching Licence ID card, 20% Off FA Learning National Courses, Free ballot to win two tickets for England home matches, Free ballot to watch the England senior team train at St George's Park Access to new online CPD courses and FREE local accredited CPD training events, Access to The FA Licensed Coaches' Club, members only, website, Free access to The FA's new coaching area, Football Coaching, Dedicated FA Licensed Coaches' Club feed on The FA Coach's App, Discounts off Wembley Stadium Tours, accommodation at the Hilton St George's Park & Perform at St George's Park facility hire, Access to official FA Licensed Coaches' Club merchandise.

Female coaches or young leaders can be supported by Project 500 and a new female coaches network covering Berks, Bucks, Oxon and Hampshire, which offers mentoring, bursaries and coach pathways, for more details contact Lisa.Welling@berks-bucksfa.com

Team administrators

Most well run teams have a team administrator to support the manager or coach. Their role can include, liaising with parents to ensure meet times, player availability, kit, subscriptions, emergency contact & medical information are collated and available.

Liaising with the league should matches need to be postponed, or postponement forms need to be sent in.

All administrators are set up on FA Full time, so should receive an automated text prior to a match and can reply by texting the score after the match in the format H –A ie 3-3 which will automatically update the website and tables, this must be followed up by logging in and updating the Bucks Girls FA Full time website with player names, ref scores and goal scorers. Administrators can also organise parents to help set up pitch, meet & greet opposition and referees at home venue, ensuring spectators behave appropriately.

Administrators are essential to support the managers / coaches enabling them to spend more time with their players, deliver good warm ups, team talks and make the experience for the players as positive as possible.

Fines – to ensure the league runs smoothly and fairly we have to issue fines to ensure rules are adhered to, and prompt correct information is forwarded to the league. Below are the things your player is **most likely to pick up a fine from**.

All the rules are detailed in BGFL Rules on website.

	Consequence	Fine – to a maximum of
Postponing a fixture within 14 days	This does not leave league enough time to rearrange a fixture for your opposition	£20.00
Failure to confirm your home fixture with opposition or official 5 days before match.	Opposition and officials are chasing you for match details	£5.00
Failure to submit your Team information on Full time (this includes refs mark, fair play mark and team list(MRF) by 5pm on Sunday	The league have no documentation of which of your players have played.	£5.00
Failure to submit a postponement Form	League has no idea why your match was not played, which delays disciplinary decisions.	£5.00
Playing an ineligible player	You have played a player who has not been registered with the league therefore there is no confirmation that they are playing the correct age band.	£50.00

Important information.

- Register players with via WGS each player costs £3.00 (paid to Bucks Girls League via treasurer and when registered they should appear under you team name on the full time when you click on a fixture.
- Confirm home fixtures by the Tuesdays, and appoint a ref – let LW know if you are struggling to contact local qualified officials, if you have a regular ref let LW know so they can be added to full time. **Confirm how many a side you will be playing when confirming fixtures.** Ensure your players, parents, officials play fair as a priority – this includes playing down to opposition numbers.
- We expect teams to play down, teams who have requested opposition to play down can only have a maximum of one sub, the opposition can still use their full squad as per rule 10d.
- Pay fines promptly to avoid increased fines.
- Ensure you submit your team in to the Full time system by Sunday 5pm
- If a match is postponed for anything other than the weather it goes to discipline prior to being rescheduled or awarded.
- Twice a season you can postpone a fixture as long as you give 14 + days notice so keep track of when your players are not available those age 14+ may have Duke of Edinburgh, if you have School events please see rules as these can take priority over fixtures without penalty (though some proof may be required) and teams are notoriously short over half terms.
- If numerous of your team are genuinely ill or injured, you have 48 hours to provide evidence (email from school or parent would suffice) to your Age band administrator.
- Ensure you read the minutes of the League meetings if you cannot attend.
- Any official complaints need to be submitted by your club secretary.

Committee Support

Position	Name	email	Support to teams
Chair & Discipline	Peter Thorne	p.thorne@tesco.net	Any disciplinary issues / potential league sponsors, discipline issues
Vice Chair & Cup co-ordinator	Andrew Jackson	andrew@textreport.plus.com	Advise on any discipline issues, advise clubs on good practice. Oversees cup competition
Secretary	TBC		Any general enquiries.
Child Welfare Officer	Lisa Welling	bucksgirlsfootball@yahoo.com	Concerns regarding safeguarding issues to anyone U18 including officials.
Treasurer	Richard Stevens	Richard.stevens@uk.tesco.com	Payments, including fines for non- submission of Team list submission on Full time, postponements.
Registrations	John Waller	johnbgflreg@outlook.com	Any player registration issues or player registration payments. Password issues on FT
Marketing / Website	Mark Lewis		Any postings, social media general League promotion
Age band administrators			
U9, U10	Lisa Welling	bucksgirlsfootball@yahoo.com	To collate postponement forms Collate discipline issues and submit to MG monthly Rearrange fixtures once approved by discipline committee Answer any general division enquiries
U11	Dave Pears	dcpears@hotmail.com	
U9, U10, U11 Trophy events	Nicholas Snelson	Nicholas.Snelson@bedfordshirefa.com	
U12	Dave Pears	dcpears@hotmail.com	
U13	Dave Pears	dcpears@hotmail.com	
U14	Gemma Taylor	Gemma.Taylor@mkcityfc.com	
U15	John Waller	johnbgflreg@outlook.com	
U16 Age Band co-ordinator	Sue Green	Su-g@hotmail.co.uk	
U16 OMGFL Secretary	Cindy	cindy@tmcurtains.co.uk	OMGFL secretary – any major issues with OMGFL

Team contacts

MK City		Lisa Walsh	lisa.walsh@mkcityfc.com	07720 964 137	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
U10 -5						
Aylesbury United U10's Reds		James Byrne (u10)	james_byrne12@hotmail.com	07887 502976	Meadowcroft, Grass pitches. HP19 9HH	Green / White
Milton Keynes City Rubys	Manager	Ed Chidley	ed.chidley@mkcityfc.com	07562 004775	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
	Admin	Emma Bigg	emma.bigg@mkcityfc.com	07793 713379		
Aylesbury United U10's		James Byrne (u10)	james_byrne12@hotmail.com	07887 502976	Meadowcroft, Grass pitches. HP19 9HH	Green / White
City belles		Chris Humble	Chrishumble17@aol.com	07484 887841	Broughton Pavilion, Tanfield Lane, Milton Kenyes, MK10 9NJ	
Moretonville JFC Firebirds		Mark Cruse	MC@Ellagroup.co.uk	07887 640193	University Playing Field, Buckingham Rd, Gawcott, MK18 4JD	Red & Black
U11 -4						
Aylesbury United Reds	10	James Byrne	james_byrne12@hotmail.com	07887 502976	Meadowcroft, Grass pitches.	Green / White
Aylesbury United	10	James Byrne	james_byrne12@hotmail.com	07887 502976	Meadowcroft, Grass pitches.	Green / White
Chesham LFC	10	Henry Milner	henry_milner@hotmail.com	07956 035660	Brushwood School, Brushwood Road, Chesham HP53DW	Claret & Blue
Tattenhoe		Matt Parr (Full Time)	Matthew.parr@live.co.uk	07860 229984	Tattenhoe Pavillion, Holburn Cresent Tattenhoe MK4 EQ	Red & White
		Dan Atkins	Dan_atkins_mk@hotmail.co.uk	07821 298905		
		Joe Colton	Joetlc123@gmail.com	07961 072506		
Thame Girls	U10-U11	David Collinson	davidc@oaktaverns.co.uk	Email for friendlies	Meadow View Park, Tythrop Way, Thame, OX9 3RN	Red/Black - Red / Black
U12's -6						
Aylesbury United	12	James Howard	james.aylesburytv@yahoo.co.uk	07770 440964	Fairford Leys, Andrews Way, Aylesbury Hp178QQ	Green / White
MK City Diamonds	11	Rob Johnson	rob.johnson@mkcityfc.com		Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange
		James Dickson	james.dickson@mkcityfc.com	079702 29895		
Moretonville JFC	10	Matt Ogle	matt.ogle@s4asports.co.uk	07887 640193	University Playing Field, Buckingham Rd, Gawcott, MK18 4JD	Red & Black or Sky Blue & Navy
Shenley FC	11	Agnese Guadagini	agnesequadagnini@gmail.com	0777 1497469	Long Meadow School, Garthwaite Cresent, Shenley Brook End,	Purple & Gold
	11	Emma kington (Admin)	ekington123@btinternet.com	07713 792427		
Winslow JFC	11	Adria Reed	adriareed@hotmail.co.uk	07939 498936	Richard Roper Playing Fields, Gawcott, Bucks, MK18 4JG	Roayl & Gold
Haddenham	11	Martin Bennell	Martin.g.bennell@gmail.com	07415 798733	Woodways Haddenham Bucks HP17 8DS	Royal Blue & Black

U13's -12						
Aylesbury United	12	James Howard (u12)	james.aylesburyty@yahoo.co.uk	07770 440964	Fairford Leys, Andrews Way, Aylesbury Hp178QQ	Green / White
Berkhamstead Raiders		Simon Whale	simonjohnwhale@gmail.com	07894 758749	Bridgewater School, Bridle Way, Berkhamstead, HP4 1ES	Blue & Black Stripes
Chesham United Ladies		Martin Nieboer	mnieboer@westpac.com.au	07788 392633	Bellingdon Rec, Chesham Road, Chesham, HP5 2XU	Claret & Blue
Crendon Corinthians	12	Emma Reading	emma@buggyfit.co.uk	07919 173846	Long Crendon School, HP18 9BZ	Orange & Black
	12	Anne - louise Goble	annelouise@kinetix.co.uk	07740 430238		
Gerrards Cross & Fulmer		Roy Macmillan	roy@orientation.co.uk		King geroge's Field, Fulmer Common Road, Fulmer Bucks, SL3 DJW	Blue && White
Thame Girls	Coach	Doug Struthers	dstrut01@gmail.com	07802 458284	Meadow View Park, Tythrop Way, Thame, OX9 3RN	Red/Black - Red / Black
	Admin	Gregor Black	Gregor.black@fisglobal.com	07879 843660		
MK City Crystals	12	Ian Elverson	i.elverson@outlook.com	0750 7706006	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
	12	Steve Barber	admin-crystals@mkcityfc.com	07712 151510	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
Tattehnoe U12		Larissa Mellor	larissa.mellor@yahoo.co.uk	07557 749910	Tattenhoe Pavillion, Holburn Cresent Tattenhoe MK4 EQ	Red & White
		Chris Nash	chrishash0303@yahoo.co.uk	07557 658821		
		Dave Mellor	davejmellor@yahoo.co.uk	07776 228867		
FC Castlethorpe	12	Dave Pears	david@fcastlethorpe.co.uk	0777 5898480	Thrupp Close, Castlethorpe, MK 197PL	Maroon & Blue
Moretonville	12	Alistair Murray	amurray6@hotmail.com	07525 815401	University Playing Field, Buckingham Rd, Gawcott, MK18 4JD	Red & Black And Sky Blue & Navy
	12	Emma Fielding (admin)	efielding23@gmail.com	07955 716190		
Pitstone & Ivinghoe	Coach	Barry Knight	bbknight@live.co.uk	01296 668363	Marsworth Road, Pitstone, LU79AP	Red and Black
	admin	Matthew List	Matthew.list@sky.com	07951 437 120		
Wing Raiders	12	Chris Sanders	sanderschris01@gmail.com	07770 211257	Overston School, Church St, Wing, LU7 0NY	Black & Red Stripe
U14's -10						
Aylesbury United	13	Marc Bolland	Mbolland@live.co.uk	07767 312404	Fairford Leys, Oxford Road, Aylesbury HP21 7EB	Green / White
City Belles	13	Jay Hurst	jhurst1974@aol.com	07540 843145	Broughton Pavilion, Tanfield Lane, Milton Kenyes, MK10 9NJ	Royal Blue
Chesham LFC	13	Martin Nieboer	mnieboer@westpac.com.au	07788 392633	Bellingdon Rec, Chesham Road, Chesham, HP5 2XU	Claret & Blue
Chalfont Saints	13	Rob Kerner	rob.kerner@gmail.com	0792 0086362	Epilepsy Centre, Chalfont Centre, Chalfont SL90RJ	Green/Blue Stripes
Crendon Corinthians	13	Neil Yates	yates_neil@hotmail.com	07713 146843	Long Crendon School, H18 9BZ	Orange & Black
MK City Emeralds	13	Gemma Taylor	Gemma.Taylor@mkcityfc.com	0750 7706006	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
Moretonville	13	Tina Doo	tina@anymal.co.uk	07787 125512	University Playing Field, Buckingham Rd, Gawcott, MK18 4JD	Red & Black And Sky Blue & Navy
Risborough Rangers	13	Elaine Conway	jillrabbit@btinternet.com	07477 911510	Wades Park, Princes Risborough, HP27 9AX	Blue & Red
Thame Girls	Coach	Tony Davis	anthonydavis13@hotmail.com	07904 157930	Meadow View Park, Tythrop Way, Thame, OX9 3RN	Red /Black
	admin	Vicky Rutland	Vlrutland@live.co.uk	07879 858481		

Winslow J FC		Rob Taylor	rob.taylor11@live.co.uk	07717 660122	Richard Roper Playing Fields, Gawcott, Bucks, MK18 4JG	Yellow & Blue Or Blue & White
U15's - 7						
Aylesbury United	14	John Reid	Joncreid1@gmail.com	07802 617614	Fairford Leys, Oxford Road, Aylesbury HP21 7EB	Green & White
Chesham LFC	14	Andrew Baker	Andy.Baker@macegroup.com	07860 412497	Chesham Athletic, Waller Way (off Lycrome Road), Chesham HP5 3FH	Claret & Blue
	14	Tracy woods	tracey.woods@beko.co.uk	07796 300134		
City Belles	14	John Waller	wallerdavies13@gmail.com	07725 095123	Woughton on the Green playing fields, Milton Keynes MK6 3EA	Blue
Great Horwood	14	Darren Sirrett (U14)	darren_sirett@hotmail.com	07798 653170	Castle Fields, Nash Road, Gt Horwood, MK17 0RA	Black & blue Stripes
MK City Amethysts	14	Danny Murphy (U14 Amethysts)	Danny.murphy@mkcityfc.com	07813 761954	Tattenhoe Lane Playing Fields, Tattenhoe Lane, Bletchley, MK37RB	Orange & White or White & Black
Tattenhoe Youth	15	Paul Wills (U15 manager)	paul@erpland.co.uk;	07765933122	Tattenhoe Park Sports Ground, Bronte Avenue, Tattenhoe park, MK43GE	White & Black and Red
Tattenhoe FC.		Anthony Parker	anthonyparker9@me.com	07920 877661	Tattenhoe Pavillion, Holburn Crescent Tattenhoe MK4 EQ	Red & White
U16s						
Chesham LFC	15	Lisa Welling (U16)	bucksgirlsfootball@yahoo.com	07958 342693	Bellingdon Rec, Chesham Road, Chesham, HP5 2XU	Claret & blue
Deanshanger	15	Chris Wise (Level 1)	chriswise369@gmail.com	07814 850776	Deanshanger Sports Club, Little London, Deanshanger, Northants MK19 6HU	Blue, Blue & white or Red & White
Moretonville	15	Robert Suttill (U15)	rsuttill89@hotmail.co.uk	07944 034477	University Playing Field, Buckingham Rd, Gawcott, MK18 4JD	Red & Black And Sky Blue & Navy
Thame Girls	15	Les Knock (U15)	les.knock@outlook.com	07769 908059	Meadow View Park, Tythrop Way, Thame, OX9 3RN	Red/Black - Red / Black
Wycombe Saints FC	Coach	George Carter	georgecarter16@yahoo.co.uk	07943 524667	The Rye, Bassetbury Lane, High Wycombe, HP11 1PB	Purple Black & White
	Admin	John Lewis	john.lewis@ercol.com	07460 984729	The Rye, Bassetbury Lane, High Wycombe, HP11 1PB	